

**Skills and Drills:**

Thursday Training for an hour, where each week coaches will focus on specific skill work for each player. For players wanting to improve on all aspects of the game.

Become an accurate passer, set consistently to net positions, attack the ball, control the net, and serve consistently to target.

For all our sessions, players will be split according to age and skill levels for maximum results!

**Beginners to Advanced**

**Session 1:** Nov 9, 16, 30, Dec 7, 14, 21

2-3rd grade: 5:30-6:30

4-6th grade: 6:30-7:30

7-9th grade: 7:30-8:30

**Session 2:** Jan 4, 11, 18, 25, Feb 1, 8

2-3rd grade: 5:30-6:30

4-6th grade: 6:30-7:30

7-9th grade: 7:30-8:30

**Locations:** Freedom Elem and YMCA-Yankee

**Cost:** \$87