

F18 Lakota West HS ball shagging: Varsity GAME ONLY!

Players/coaches will check in at the table and will be on the list for free admin.

Please meet Darcy (freshman coach) about 25 minutes prior to the match (around 6pm). Her game will be finishing up in the Upper gym on the left as you come in from the Main Lobby. She will train all of the girls on how to do this. It is easy but there is a definite system.

A parent or coach would also have to be trained and sit close to the girls during the game in case they had questions.

The players will be announced before the game, be on the floor during the game and would get a free t-shirt.

LSO players shagging balls MUST WEAR gym shoes in order to participate.

Lakota West Varsity Ball Shagging 2018					
DATE	VARSITY VB	JV VB	FR VB	EVENT/	Team
Tuesday, August 28, 2018	MND 6 PM	MND 5 pm	MND 5pm	HOME	Wittekind
Thursday, September 13, 2018	Princeton VFC 7:30	Princeton VFC	Princeton VFC	4:30/5:30/ 7:30 HOME	Scherzinger
Tuesday, September 25, 2018	Middletown 6 PM	Middletown	Middletown	5/5/6 PM HOME	Steckman
Tuesday, October 2, 2018	Oak Hills 6 PM	Oak Hills	Oak Hills	5/5/6 PM HOME	Rando
Thursday, October 4, 2018	Sycamore 6 PM	Sycamore	Sycamore	5/5/6 PM HOME	Schwartz
Tuesday, October 9, 2018	Ursuline 6 PM	Ursuline 5pm	Ursuline 5pm	HOME	Rogers