



COACHING HIGHLIGHTS



Be sure to check your responsibilities list before each game and practice.

After our initial practices, it is game time. I know it seems like it's not enough time to work with the kids but please remember that each week you will begin to see improvement... so stay positive and encourage them. Our program is not based on winning; it's based on helping them build confidence as individuals and show good sportsmanship while learning the fundamentals of the game.

Things to keep in my mind for practice:

1. Your practice time is short, please start on time and get them moving.
2. The best practices are when the kids are moving and engaged at all times, come prepared with a plan.
3. Please make them intense and fun, incorporate games in after you have done a drill or 2 on a fundamental.
4. Be sure you are teaching them the proper techniques. If you have any questions on rotation, a ruling or fundamentals, please with our coordinators.
5. Drills and fundamental can be found on the basic concepts pages in the coach's section online.
6. If there is a particular skill you want taught, we have trainers that can come out and work with them, plan a week ahead of time. Let us know or call them directly.
7. Come up with a team name and a cheer if you haven't, the kids will love it.

Things to know for games:

1. You will pay the referee every game, both home and away- all divisions are \$10 per match/per team. (We will give you cash prior to your first game for the season for season games. Tourney is paid separately.)
2. Uniforms are going to be done and will be at your gym before your first game. Fingers crossed!
3. Please be sure to remind your kids to be at games 15 minutes prior to game time, coaches will need this time to do line ups. (You can sit a child that is late if you do not have them in the line-up for the first set if they are tardy... You can add them to the second set line up.)
4. You will turn in a line up to the ref prior to each set. It's easier to fill in your 3 sets/games of line up prior to the game.
5. Line up sheets are for your **SERVING ORDER**. (Don't forget if subbing, then add your bench players in the serve rotation.)
6. Please remind your players to watch the serving line, they **CANNOT** step on the line or they will be called for a foul and loose serve. (Show them the line before each game.)
7. There is about 6 minutes for warm ups and 2 minutes for serving warm ups. If you are doing coin flip have an assistant coach warm up the kids. (You can line them in 2 lines in the back and have them pass 2 touches to each other, don't let them just stand around, look organized.)
8. Name a captain for the match and both head coach and captain will be in coin flip, there will be another coin flip for the 3rd game to see what side is awarded. Turn in line ups at this time.
9. Have your line judges already selected and ready to go during warm ups, they are to report to the ref 10 minutes prior to start of game.
10. Coaches, if standing, must be behind the 10 foot line and 6 feet off the court or you could get called for interfering or delay of game.
11. Have a copy of your roster and concussion training forms at all times or your game could get forfeited.
12. Make every attempt to play all your players and give them a chance to experiment with positions.
13. HAVE FUN AND GOOD LUCK!!!
14. **GAME SCORES:** BOTH HOME/AWAY COACHES SEND A TEXT TO ANGIE PAGE @513-939-5989 after each match.
 - a. Text should look like this: Hartman vs Horneman 25-20, 19-25, 15-13
 - b. First scores are Hartman's, second scores are Horneman's