



2018 Spring Flag Football

LSO Flag Football facts you should know:



Open to Boys & Girls ages 5 to 11 (Grades- K-6)

Registration is now open!

Register Today!



Register today at: www.lakotasports.org

Guaranteed Placement Deadline: February 1, 2018

Season Dates: *Practices begin- the week of March 19, 2018*
Games begin: Sunday, April 15, 2018 / Games end, June 3, 2018
(6 Game Season – No games Mother's Day)

First Contact: *Coaches will contact all players by: March 9, 2018*

Player Equipment: *Players provide cleats, shorts or sweat pants.*
Players will receive team jersey (Flags provided to the teams)

Additional League Information:
Teams will practice twice a week
(Once games begin, teams may just practice once a week)



LSO
Where Kids
Love to Play!

For more information contact:

Flag Football Commissioner E-mail:

flagfootball@lakotasports.org

or

Bruce Rhodes, Executive Administrator

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