



## LSO T-Ball Rules

### General

- A. The home team coach is responsible for ensuring that the field is prepared for play and should provide the game ball.
- B. First base should be placed 45 feet from home plate.

### Offense

- A. All the players on a team will bat to complete an offensive half inning.
- B. One offensive coach may assist each batter on his/her team, as well as remove the tee and bat from the home plate area immediately after the batter hits the ball.
- C. To start play, the hitting coach will place the ball on the tee. The batter will swing until he/she hits a fair ball.
- D. A hit ball must travel beyond 10 feet before it is considered fair.
- E. 2 bases can only be taken on a ball hit to the outfield, otherwise only 1 base is taken on a hit.
- F. Stealing bases and leading off base is not allowed.
- G. No one advances any bases on overthrows.

### Defense

- A. Ten defensive players are allowed. Pitcher, 1<sup>st</sup>, 2<sup>nd</sup>, and 3<sup>rd</sup> Baseman, Shortstop, Catcher, and 4 Outfielders.
- B. Outfielders must be placed a minimum of 30 feet behind the bases.
- C. No Outfielder is allowed to make an un-assisted putout at 1<sup>st</sup>, 2<sup>nd</sup>, or 3<sup>rd</sup> base.  
Example- an outfielder is not allowed to field a ground ball and run to a base and tag that base or tag the runner going to that base. The outfielder must throw to a base or infielder to make an out.
- D. Every player shall play a different position every inning.
- E. A player may only sit for 1 inning per game except for injury or illness. Coaches may deviate from the play time rule if excessive absence is a problem. These cases must be documented and reviewed with the League Coordinator and Asst. Baseball Commissioner before action is taken.
- F. No Umpire will be present at the games. Head coaches or Assistant coaches shall act as umpires.
- G. Two coaches may be placed in the defensive playing field to assist in positioning players.
- H. Batting helmet must be worn by the catcher, who must stand against the backstop on the opposite side of the batter.